WOODVALE
PENTECOSTAL CHURCH

Connect Group Sermon Aligned Discussion Guide.

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Sermon Title: Don't Waste Your Wounds
Key Scripture: 1 Kings 20:35-43
Recorded Sermon: https://www.woodvale.ca/pastservices/v/dont-waste-your-wounds
Date + Speaker: April 12, 2026 - Pastor Mark Scarr

Starter:

1. Have you ever done something that seemed totally crazy to everyone else—but actually made perfect sense to you? (Explain)

2. What's a small or unique detail about you that might surprise people?

Discussion:

1. Read 1 Kings 20:35-43. What stands out to you in this passage—and why?

2. In 1 Kings 20:35–36, why do you think the first man refused the prophet's request?

3. Why do you think the consequence of disobedience was so severe in this case?

4. Looking at 1 Kings 20:37–38, why was the prophet willing to be wounded and disguise himself?

5. In 1 Kings 20:39–42, what was the point of the story the prophet told the king?

6. Have you ever felt led by God to do something crazy or uncomfortable? What made it hard to obey and what did you do?

7. Why do you think we sometimes underestimate the consequences of not following through on what we know is right?

8. How does it make you feel knowing that if you don't step up, someone else might? Does that motivate or challenge you?

9. Read 2 Corinthians 1:3-4. How can your past struggles position you to help someone else? What might that look like in a practical way?

Diving Deeper:

1. Pastor Mark talked about Zeruiah, whose name means “wound.” These passages share about this widow and her three sons: 1 Chronicles 2:13-16; 2 Samuel 21:15-17; 1 Chronicles 11:6; 2 Samuel 2:17-18. How would you describe the legacy that Zeruiah [“wound”] passed to her sons?

2. Consider the legacy you will pass along to your relatives. How has God transformed your story? Are there areas where you need to ask God for healing so that your legacy will be greater?