WOODVALE
PENTECOSTAL CHURCH

Connect Group Sermon Aligned Discussion Guide.

Series Title: How Breakthrough Comes
Key Scriptures: Hosea 10:12; Micah 2:12-13; 2 Samuel 23:13-16; 2 Kings 20:1-11
Recorded Sermon: www.woodvale.ca/pastservices/v/how-breakthrough-comes
Date + Speaker: January 25, 2026 | Pastor Mark Scarr

The Big Idea: Breakthrough = an act or instance of moving through or beyond an obstacle. 'Pressing on' is a key biblical principle (Phil 3:14). In life we encounter various 'obstacles' that prevent us from moving forward. We need a breakthrough. This sermon lays out how we might see this come about in our lives and the life of our church.

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Starter:

1. Have you ever visited or spent time on a farm? Take a moment to describe what you remember/learned.

Discussion:

2. On a scale of 1-10 how would you rate your spiritual momentum? [1=a virtual standstill and 10=moving forward positively/confidently]
3. Read Hosea 10:12 and Micah 4:3. In both passages we are given the picture of the sword being repurposed to a plowshare (a steel blade that cuts the top layer of soil). How have you experienced the Word (the Sword of the Spirit) breaking up hard ground in your life leading to personal breakthrough?
4. What might the Lord be asking you to 'break up' in this season of your life? Is this a newly identified obstacle or a long-standing stumbling block?
5. Read Micah 2:12-13. This is an Old Testament prophecy to the remnant of Israel with present day applications. What might that application be to

corporate breakthrough? Are there conditions and if so, what might they be?

6. Jesus is 'the One'. Pastor Mark suggests that someone can accept Jesus as their Saviour but not have received Him as their Lord. Read Acts 4:12 and Philippians 2:11. Discuss this truth.
7. Pastor Mark used a few track and field analogies in the latter part of the sermon. Pastor summed up a significant area of breakthrough that he referred to as 'Self-Imposed Limitations'. Can you think of examples of these in your own life. Re-read Micah 2:13. How might breaking self-imposed limitations (based on our past) and focusing on following our King – Jesus – transform our future?

Wrapping Up:

Take time to pray for one another. God's character never changes but His plans are continually unfolding. Pray. Ask God for breakthrough, being prepared to follow where He leads.

Facilitator Helps:

*** *We recommend praying here. The material goes deep fast this week. It's important to remember that we facilitate discussion and engagement around God's Word. We are NOT counsellors or pastors. Be prepared with resources that could be recommended if needed.*

1. Farming is an apt analogy when talking about breakthrough. In order to enjoy the 'fruit' of ones labour (the planting and fertilizing and weeding) one must FIRST break up the hard or fallow ground.
2. **3. And 4.** Woodvale offers Prayer Ministry on Monday nights. A team of congregants are trained in deliverance and inner healing; Ellel Healing Ministries - https://www.ellelcanadacourses.com
5. While this passage does not explicitly outline conditions, we know from passages like 2 Chronicles 7:14 and Hosea 10:12 and Isaiah 58:6-12 and James 4:7-10 that they exist.
7. The 'Fosbury Flop' was a high jump technique that transformed the sport allowing many athletes to exceed previous height limitations. The feet follow the head and heart over the bar.



(Additional resources appealing to those concentrating on emotional health and healing)

Breaking or 'uncoupling' ourselves from unhealthy agreements - https://wildatheart.org/podcasts/wild-at-heart/breaking-agreements/



(Additional resources appealing to those groups with a more studious or intellectual bent)

RNMedia video series for growing in our understanding and practise of achieving 'breakthrough': Breakthrough by Chip Ingram - https://app.rightnowmedia.org/en/content/details/344209 or
Fasting: The Key to Spiritual Victory by Tony Evans - https://app.rightnowmedia.org/en/content/details/911