WOODVALE
PENTECOSTAL CHURCH

Connect Group Sermon Aligned Discussion Guide.

Series Title: PRESS ON
Key Scripture: PHILIPPIANS 3:12-14
Recorded Sermon: www.woodvale.ca/pastservices/v/press-on
Date + Speaker: 29th DECEMBER, 2024 | Pastor Joel Alleyne

Starter:
What's your favorite thing to do when you need a break or feel stuck?

The Big Idea: Keep moving forward and pursue Christ with focus, resilience, and faith, trusting that the prize of eternal life is worth the effort

Discussion:
1. Read the text Philippians 3:12-14, what word or phrase stands out to you and why?
2. Who/what is the "prize" or "goal" Paul is referring to in verse 14?
3. In verse 13 of the text, what is the relationship between forgetting the past and straining toward the future?
4. In Philippians 3:13 – 14, what do Paul's words reflect? Philippians 3:8, Galatians 2:20, 1 Timothy 1:15.

Diving Deeper:
5. What does "press on" mean in your own words, and how can this mindset apply to our daily walk with Christ?
6. What would the "goal" in verse 14 look like in practical terms for a believer today?
7. Why do you think Paul emphasizes "forgetting what is behind" in verse 13?
8. In what ways might focusing too much on the past hinder spiritual growth?
9. Paul speaks about straining toward what is ahead. What spiritual disciplines or practices can help us stay forward-focused?
10. How can this study help the way we view past failures/setbacks and wins in your life?

Personal Refection

Take time to reflect on an area of your life where you believe it has become necessary to let go of the past and rely on God's strength to move forward with renewed faith and purpose.

We pray that our lives individually, will be a reflection of God's grace and power as we strive to become more like Christ each day. Amen.